

The Ah Ha Healthy Mix

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Category: Regular Meal for Monkeys

Total Carbs: 116 grams

Total Fats: 42 grams

Total Sugars: 62 grams

Serve in: Bags

Prep Time: About 15 minutes

Ingredients:

- 4 cups chopped lettuce
- 4 cups chopped celery
- 2 cups chopped hard-boiled egg
- $\frac{1}{8}$ cups peanuts
- 1 cup chopped carrots
- 2 cups sliced bananas
- $\frac{1}{2}$ cup crushed Graham Crackers

Directions:

1. Boil eggs.
2. Wash and chop lettuce, celery, carrots, bananas, and eggs.
3. Crush Graham Crackers
4. Place ingredients in bag in following order:
 - a. Lettuce
 - b. Celery
 - c. Carrots
 - d. Bananas
 - e. Eggs
 - f. Peanuts
 - g. Graham Crackers

